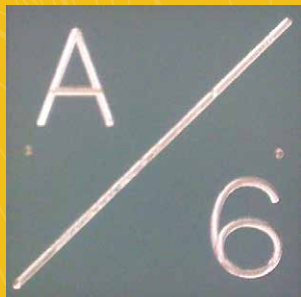


NAVIGATE RAPHAEL PARK R1M2

Permanent Orienteering for London

What to do

The aim of orienteering is to use the map to find your way to a series of locations, in the correct order. Each location is shown on the map as a numbered circle.



To help you find them a description of each is displayed on the answer sheet.

At each location there is a control marker. When you find the marker, make a note on the answer sheet of the number and letter that appear on it.

You can attempt the course on your own or as a team – try timing each person or team and see who completes the course the fastest!

Setting the map

A key skill in orienteering is setting the map. This means turning the map until the symbols on the map line up with the corresponding features on the ground.

This helps to ensure you set off in the right direction. Use tracks and paths to navigate to the controls.

Map Symbols

Use the key and map symbols to help you understand and read the map.

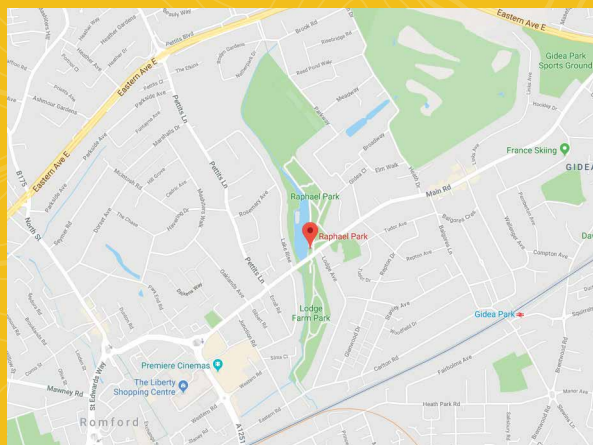
Fancy another Activity?

Follow the Thomas England markers to take part in the historic “Green Lung” walk.

A local trader and businessman, Thomas England was instrumental in developing various public improvement schemes in the borough. In 1937, Mr England donated 9.74 hectares of land for the creation of Rise Park creating a “Green Lung” connecting Romford in the south to Havering Atte-Bower in the north.

This long distance walk takes you through 4 Council-owned parks; Lodge farm Park, Raphael Park, Rise Park and Bedfords Park.

How to get to Raphael Park



By Road

There is a car park along Main Road in Lodge Farm Park (opposite Raphael Park). Monday-Sunday, 08:00-18:30, 20p for 3 hours, 50p for 5 hours. Free outside of those hours.

By Bus

The 174 and 498 buses stop outside Raphael Park. Both buses go to Gallows Corner and Romford station. Visit www.tfl.gov.uk for timetables.

By Train

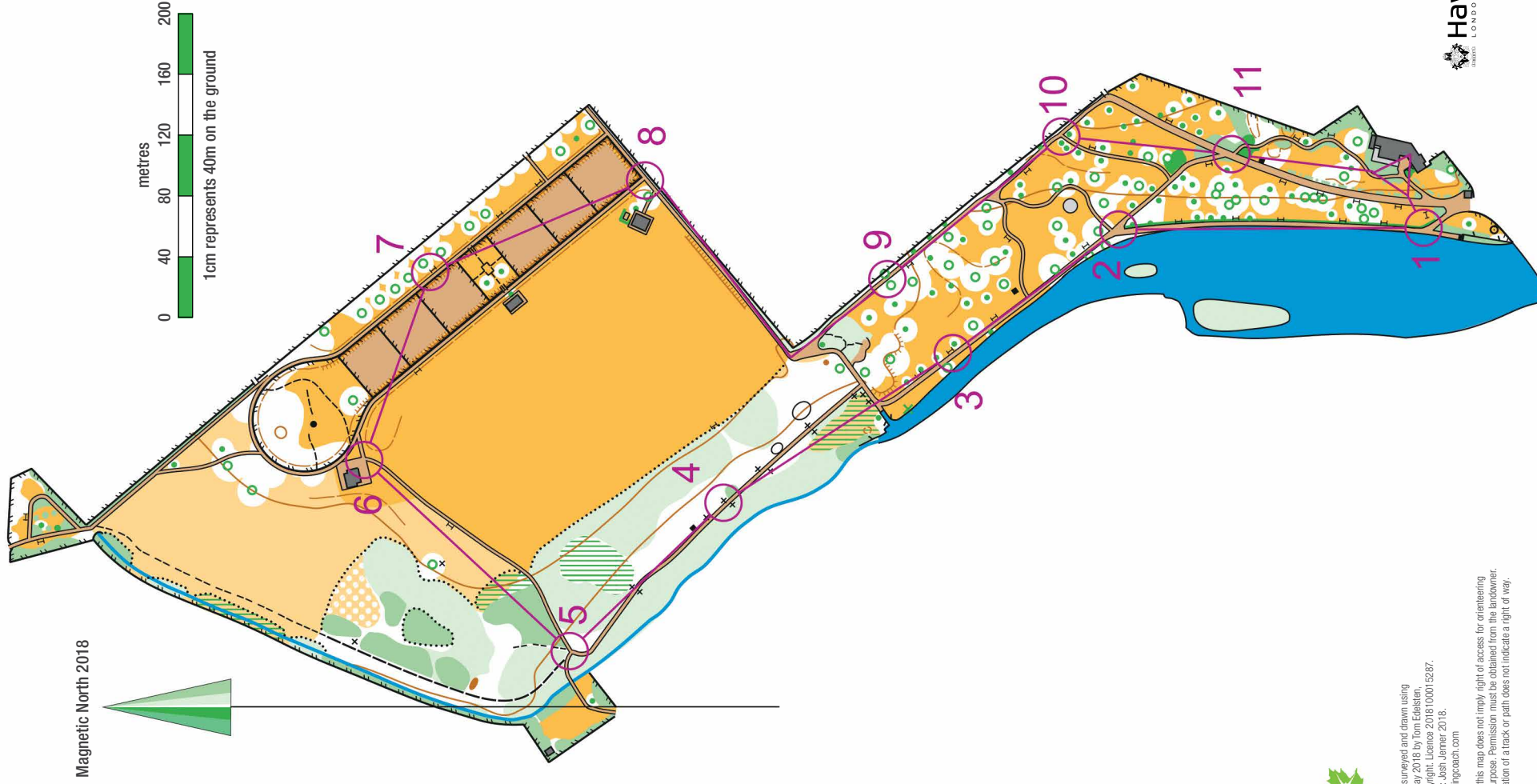
Romford Rail Station (zone 6) is a 20 minute walk from Raphael Park and has TFL services to London Liverpool Street and Shenfield Station. London Overground trains to Upminster leave from platform 1.

Raphael Park is a 17.8 hectare public park that was originally part of the Gidea Hall Estate. The park was opened to the public on June 2nd 1904 after Sir Herbert Raphael sold and donated parcels of land to the then Romford Urban District Council. After its restoration, through a Heritage Lottery Fund grant awarded in 2013, Raphael Park has won several awards in London in Bloom and has retained its Green Flag for numerous years.

NAVIGATE RAPHAEL PARK RM2

Medium Course ●●○

Scale **1:4000** | Contour interval **2.5m** | Distance **1.7km**



Number	Description	Code
Start	Path Junction	
1	Path Junction	
2	Path Junction	
3	Bench	
4	Log Pile	
5	Path Junction	
6	Path Junction	
7	Bench	
8	Path Junction	
9	Path Junction	
10	Path Junction	
11	Path Junction	
Finish	Path Junction	

Key to map symbols

- forest – run
- forest – slow run
- forest – walk, or flower bed
- impassable
- mown grass
- rough open land
- scattered trees
- distinct vegetation boundary
- bramble: walk/impassable
- paved surface
- contour, formline
- earth bank
- knolls: small, large
- lake
- unpaved footpath
- small footpath
- fence, gate
- high fence
- low hedge
- prominent trees: large, small
- building, brick structure
- canopy
- pole, boulder, seat
- log pile, play circle



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OCAD 11 in May 2018 by Tom Edelsten,
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www.orienteeringcoach.com

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